



Green Capsule Comments

THE VOICE OF THE GREEN MACHINE

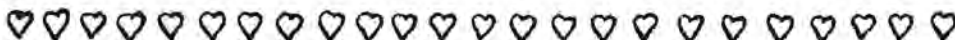
official publication of the Toronto Optimists Drum and Bugle Corps
 Editor, Don Daber. Editorial Offices - suite 302, 205 Keele St., Toronto 9.

vol. 1 number 3 February 1961

"Green Valentine's Greeting!"

This poem was written this past summer to two of the boys in the Corps by their girls.

We thought it especially appropriate at this time of year. Happy Green Valentine's Day!

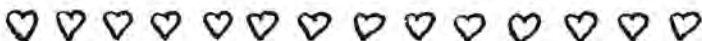


We've tried all the tricks to compete with the Corps,
 And we've tried to seem bright and not seem a bore,
 We've tried new lipstick, new powder and an extra short hem
BUT WE'LL NEVER COMPETE WITH FIELD M&M.

We've tried very hard to get all heads turned,
 And we admit it...we get very burned,
 But our little "Green Men" just don't seem to see,
BELIEVE US, WE KNOW HOW IT FEELS TO LOSE ON G.E.

We've tried dropping words like Bugle and Drum...
 And appear to be interested, although we're quite dumb,
 And try as we might to stand out in the crowd,
THIS DRUM CORPS WORLD FOR US IS TOO LOUD!!!

Carry on Green Machines...compete and compete,
 We'll still keep on waiting in our little 'back seat'
 What's more important, Girls or the Corps ???
Don't tell us we know...IT'S THE CORPS, IT'S THE CORPS !



so...here's your chance girls...
SOCIAL EVENTS COMING UP

"The Silver Ring Ceremony" Dance.

DURING MARCH

"The Ambassador's Ball" MARCH 4th

"The Canadian Drum Corps Dinner and Dance" MARCH 11th.

"OPTIMISTS BENEFIT CONCERT" March .



THE CANADIAN DRUM CORPS ASSOCIATION

March 11-12 at *Piedhomer*

GARDEN CENTRE
 MOTOR HOTEL

1961 CONVENTION



An open letter
to the Corps—



This is the first opportunity that I have had to contribute something to your "Green Capsule Comments." When your Editor asked me to write an "open letter" to the Corps I thought this would be an easy task. It's not so easy---what do you say that can get across to a group of 'rarin-to-go' Corpsmen? Many of the things that I would like to write about have been done by others many times.

In looking back over the past few years, we, as Optimists can be very proud of all we have accomplished. In less than a year we came from a standstill Corps to the Canadian Junior Championship. To my knowledge no other outfit has ever done this. Ordinarily it takes several years to make a slow climb to the top and then perhaps you don't always make it. This proves very emphatically that we are no "ordinary Corps" ---we are THE OPTIMISTS. It seems that some how a fuse was lit and we took off like a rocket right to the top! As you very well know this is not the work of one man or even a small group...this is the result of everyone pulling together with a determined goal in sight. However, rockets have a nasty habit of fizzling out at the top and unless one can keep the "Machine" constantly refueled it just stalls. I don't think this can happen to The Optimists ---we have too great a supply of the necessary fuel.

This fuel bit may sound a little hackneyed but can you suggest a better propellant than the following: PRIDE...ESPRIT DE CORPS... BEARING. The Oxford dictionary defines PRIDE as "self respect, avoidance of unworthy actions", ESPRIT DE CORPS as "regard for a group or body one belongs to" and BEARING simply as "behaviour"

Even while the 'Machine' is idling it requires fuel and the same fuel as when it is in high gear. I don't have to tell you that we expect the same performance and smooth running, idling or off the field as we do when we are on the field and in high gear. There is a proverb that says "It's no trouble to get to the top of the ladder...the problem is to get through the crowd at the bottom." We're at the top now so let's stay there!!! With all the things we have going for us I feel safe in saying that we can look for the best year ever in 1961.

To the new Corpsmen on the line I would like to say that you have a very great responsibility in carrying on. You are replacing boys that have done a terrific job in placing THE OPTIMISTS at the top. It is up to you to carry on in the tradition that has been established.

To those boys who have retired I say "thanks" for a tremendous effort. I'm sure that when you attend a contest, perhaps for the first time as a spectator, that you will watch the Optimists with even greater pride knowing that you helped to build the top Junior Corps in Canada! The group that have left is now busy forming an Alumni and I know that they will take as much pride in the new venture as they did in riding the Green Machine to fame.

Come summer, 1961 may we all feel that terrific surge of pride when over the loudspeakers we hear the announcer say....

"AND NOW LADIES AND GENTLEMEN...THE OPTIMISTS !!!"

Corps Director



FOR HORN PLAYERS ONLY !!!

How to breathe and play too! ...Now you can take a breathe between opening fanfare and concert. This is the method as endorsed by "MR LUNGS"...TED SHAW !!!

Our thanks to KARL BOSSERT for forwarding this information.

DIAPHRAGMATIC BREATHING EXERCISES

This exercise to be practised for 2 weeks

before doing the 2 regular exercises. See that the clothing worn does not restrict the freedom of the muscles at the waist line.

(a) Lie down flat on your back and inhale (draw in the breath) slowly, deeply and evenly. (If this is done properly, the abdomen will gradually increase in size, the lower ribs will expand sideways and the upper part of the chest will be pushed forward.)

(b) Hold the breath by keeping the diaphragm down, the walls of the chest and abdomen extended, and count 5 mentally allowing 1 second for each count.

(c) Exhale (let the breath go) suddenly. (You will notice that when you let the breath go, the diaphragm pushes up and the lower part of the abdomen & chest is drawn in.)

THE POINTS TO OBSERVE...

- (1) That inspiration is slow and deep.
(2) That expiration is sudden & complete.

PRACTISE THIS EXERCISE 5 TIMES IN SUCCESSION, TAKING A FEW MINUTES REST BETWEEN EACH TIME.

EXERCISE 1...

- (A) While standing up, inhale slowly and deeply and count 5, allowing 1 second for each count.
(B) Hold the breath as directed in the above preparation exercise and again count 5.
(C) Exhale slowly while counting 5, allowing the abdomen and diaphragm to gradually resume their natural positions.

POINTS TO OBSERVE IN THIS EXERCISE ARE...

- (1) That inspiration is to be slow & complete.
(2) That expiration is to be gradual and complete.

PRACTICE THIS EXERCISE 5 TIMES IN SUCCESSION taking a few minutes rest between each time.

EXERCISE II

- (a) While standing up, inhale as quick and deep as possible.
(b) Hold the breath for 5 counts as directed in other exercises.
(c) Exhale very slowly while counting ten.

POINTS TO OBSERVE...

- (1) That inspiration is to be quick and deep.
(2) That expiration is to be gradual and very slow.

PRACTICE THIS EXERCISE 5 TIMES IN SUCCESSION, TAKING A SLIGHT REST BETWEEN EACH TIME.

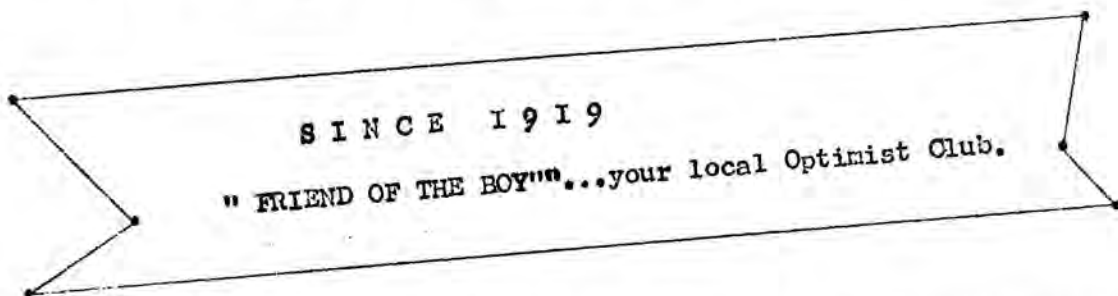
After practising the above exercises every day for two weeks, time for holding the breath should be increased at the rate of one count each week until you can easily hold the breath 10 counts, so that for the seventh week Exercise I would be...

- (A) Inspiration 10 counts.
(B) Holding breath 10 counts.
(C) Expiration 10 counts.
and Exercise II would be...
(A) Inspiration sudden.
(B) Holding breath 10 counts.
(C) Expiration 15 counts.

Nothing will be gained from these exercises unless they are practised regularly every day. But you are warned against going to extremes... keep your practices REGULAR and in MODERATION to keep your breathing in complete control.

OBJECTS OF OPTIMIST INTERNATIONAL

- ...TO develop Optimism as a philosophy of life.
...TO promote an active interest in good government and civic affairs; to inspire respect for law; to promote patriotism and work for international accord and friendship among all peoples.
...TO aid and encourage the development of youth.



When OPTIMIST INTERNATIONAL was founded in 1919 all its clubs were located within the United States, but its founders dreamed of a truly international organization. This dream was realized in 1924, when the first Canadian club, the Optimist Club of Toronto (referred to as the Downtown Optimist Club), was chartered in Toronto. This is the Toronto club that sponsors your Corps. Today, in southern Ontario there are 50 Optimist Clubs all working as the "Friend of the Boy",

Corps Rings

When it was decided that some form of recognition be given those boys that were retiring from the Corps, the Optimist Club was in favour of a lasting memento. Management felt that this couldn't take a better form than Corps rings. It was something that the boy could wear and be proud of.

The first presentation took place early in 1960 when 14 members were given rings. The second Annual Ring Ceremony will be coming up shortly and at this time an additional 12 men will receive their rings.

The basis of the ring presentation is the completion of five years active and continuous service with the Corps. This would include time spent with the former Crusaders (Danforth) and the original Optimist Band. However it may not be possible, because of late joining, that all retiring members receive rings. If a boy signed on when he was 17, or even 18, he would of necessity retire because of age before he had an opportunity to complete five years service. It was felt that under these circumstances such a member should be considered. With this in mind the Club will award rings to retiring members upon the recommendation of a committee composed of Corps Management. This recommendation and consideration will be based on attendance at all rehearsals and contests, proven ability to be an outstanding Corpsman and the spirit and enthusiasm displayed towards the Corps, what it stands for, and the degree with which he can co-operate not only with the Corps but also his fellow corpsmen.

A. W. Baggs, Corps Director,



DRUM
HEAD
DRAW



AN HISTORIC OPPORTUNITY !!!!

A NOTEWORTHY EVENT !!!

NOW !!!

**YOU CAN ACTUALLY OWN AN OPTIMIST
BASS DRUM HEAD !!!**
A DRUM HEAD THAT SURVIVED MANY A
CONTEST BATTLEFIELD...THAT'S PARADED
HUNDREDS OF STREET MILES...**NOW** MAY RETIRE
IN YOUR CARE!
PERFECT FOR THE RECREATION ROOM!!!

BOTH BASS DRUM HEADS ARE BEING REPLACED
WITH NEW HEADS SO YOU HAVE TWICE THE
CHANCE OF WINNING.

ENTER NOW !!! ENTER OFTEN !!!
USE THE 5 FOR \$1.00 TICKETS.
HAND YOUR MONEY & TICKETS TO
THE CORPS ADJUTANT...
JIM PATTEN.

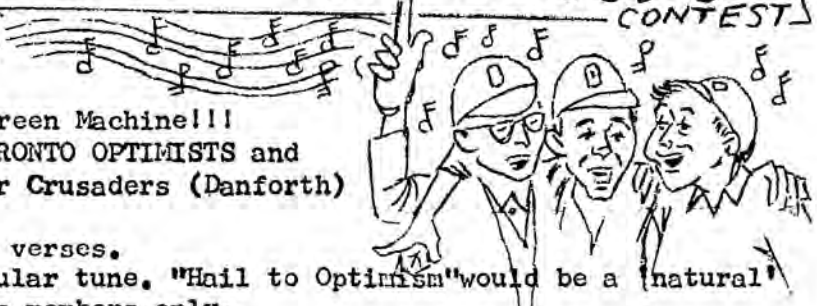
*Tickets
25¢
or 5
for \$1.00*

25c		DRUM HEAD DRAW TICKET	FILL IN THIS COUPON NOW!!! PLEASE PRINT YOUR NAME _____ 25¢ OR FIVE FOR \$1.00 - NOT OPTIMIST MONEY!	NUMBER 5
25c		DRUM HEAD DRAW TICKET	FILL IN THIS COUPON NOW!!! PLEASE PRINT YOUR NAME _____ 25¢ OR FIVE FOR \$1.00 - NOT OPTIMIST MONEY!	NUMBER 4
25c		DRUM HEAD DRAW TICKET	FILL IN THIS COUPON NOW!!! PLEASE PRINT YOUR NAME _____ 25¢ OR FIVE FOR \$1.00 - NOT OPTIMIST MONEY!	NUMBER 3
25c		DRUM HEAD DRAW TICKET	FILL IN THIS COUPON NOW!!! PLEASE PRINT YOUR NAME _____ 25¢ OR FIVE FOR \$1.00 - NOT OPTIMIST MONEY!	NUMBER 2
25c		DRUM HEAD DRAW TICKET	FILL IN THIS COUPON NOW!!! PLEASE PRINT YOUR NAME _____ 25¢ OR FIVE FOR \$1.00 - NOT OPTIMIST MONEY!	NUMBER 1

BIG BIG CONTEST!

WIN A CORPS JACKET FREE!
 ENTER THE OPTIMIST CORPS THEME SONG CONTEST

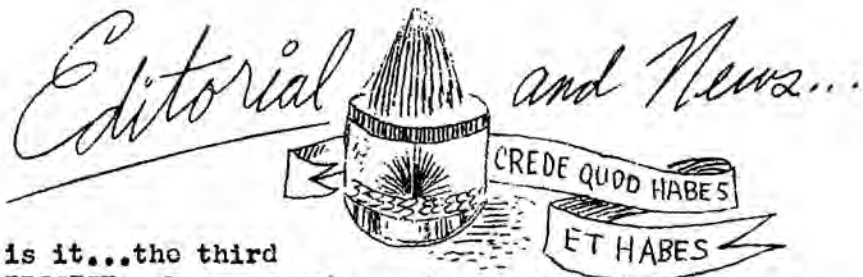
WIN AN OFFICIAL OPTIMIST GREEN CORPS JACKET COMPLETE WITH ALL INSIGNIA!!!



- Write an 'official song' for the Green Machine!!!
- * Your song must mention only the TORONTO OPTIMISTS and no other Corps (except the former Crusaders (Danforth) or the original Scout Band.)
- * Your song must have at least three verses.
- * Your song should be based on a popular tune. "Hail to Optimism" would be a natural!
- * This contest open to Optimist Corps members only.
- * All entries become the property of the Toronto Optimists Drum Corps.
- * In the case of a tie the vote of the Corps will decide the winner.
- * If the winner has already purchased a jacket the complete price of jacket & insignia will be refunded. Contest closes April 1961. Hand your entries to Don Daber,

***** HERE ARE SOME SUGGESTED SONG THEMES...*****

The Corps' colors of GREEN, BLACK & WHITE...a short history to include original Scout Troop, Danforth .. and Optimists Club...top Corps in one year, 1958...consistant wins '58, '59, '60... people & personalities, Al Baggs, Bern Beer, Barry Bell...Green Machine...opti-money... Seaway flag, city flag...'In the Mood' ...Keep smiling...be an Optimist...



Well, this is it...the third issue of G.C.C....and the BIGGEST...7 pages yet. You've heard from the girls, from the Corps Director, the Drill Instructor, How to breath, two contests and official photos. But how about you ??? Its your newsletter about your corps. We want to hear from you with articles, comments and suggestions. Lets have G.C.C. represent the WHOLE CORPS, not just the thoughts of a few!

A CORRECTION !!!...

Your editor would never make the line, even in a senior Corps...he doesn't know his RIGHT from his LEFT. In Barry's article on uniform care in the last issue your editor added badge positions on jackets. These should tie in with the art on the front... Championship crest on the LEFT front and the CORPS CREST on the right sleeve.

One incorrect phone number on the same page of that issue...you'll never get Doug at CL5-6645..should read CL 5-6645. Harry Prokop's new number is CL5-1209.

Congratulations to DOUG MACKENZIE who sold the winning ticket on the Christmas Draw for the Portable Record Player...and to his teacher yet!! No more worry about school marks Doug. You got it made!!! GLEN DURISH is with the CNR in London (ONT) and I understand is still making Corps rehearsals on the week-ends...so we still hear complaints from those in the west end of the city on distances???

CIRCLE JUNE 17th on your calendar...that's the day you take the field in HAMILTON at the Viscount's INTERNATIONAL PAGEANT as the Exhibition Junior Corps.

JIM PATTEN hard at work behind the scenes organizing THE SILVER RING DANCE. When is this event Jim, or should I ask BIRKS ??? ED NANNI made a COMPLETE PAGE to start off

the New Year. Nice going Ed. MR. MANNHARDT just beat you by a column that issue. BOB had some nice things to say about THE OPTIMISTS as usual. YOU can read about all the Corps in D.C.W. Subscribe through the Corps at \$1.75.

YOUR CORPS DIRECTOR is working on "something special" for THE OPTIMISTS at the Canadian Convention at Prudhormes.

HAMILTON OPTIMISTS have all their instruments now, I think, and are hard at work. AL MORRISON working on a music arrangement for them.

Can you identify the 3 in the front photo picture from the Windsor parade last year.

From the look at some of the unhappy (?) faces from some of the GUARD we wonder whats happening here Eric? Or is it just that winter indoors is a hard time for any guard. Anyone got a large armories for rent???

Understand many of the boys in the Corps have rather elaborate SCRAPBOOKS on the CORPS and its activities. Extra copies of G.C.C. are available for your scrapbooks if you require them.



.....
 the toronto optimists drum and bugle corps

 official corps photos the 1960 corps

 24 corps photos

ORDER FORM 1960 corps photos

available direct or by mail order
 if ordering by mail send to DON DABER, suite 302,
 205 Keele St. Toronto, 9, Ont.

all prints 8x10 size, glossy,
 price \$1.00 each, add 25¢ to cover postage on mail orders,
 delivery within 10 days.

PLEASE PRINT

date of order

-----1961.

address

city

zone

state

prov.

CIRCLE PHOTOS WANTED

PHOTO NUMBER	number of prints	price	description of picture
1			Windsor parade, July 31st. 9 man guard centre of street
2			Sept. Bay St. parade Toronto, angle shot Guard & Corps
3			Merriton, Sept. Complete Corps on the line.
4			Merriton, Sept. Complete Corps moving off the line.
5			Merriton, Drum Major & 14 horn players during field show
6			Merriton, Mike Layton & 9 man color guard in field show.
7			Merriton, Complete guard, O'Canada formation.
8			Rome, N.Y. Aug. All bugles in concert formation.
9			Rome, Part of concert formation, cymbals & drums.
10			Rome, Part of concert, Al Morrison horn solo.
11			Rome, Cymbal player & horn soloist "In the Mood"
12			Rome, Color guard at ease before moving 'on the line'
13			Falconer, N.Y. Informal group shot at party.
14			Falconer, N.Y. Informal group shot at party after show
15			Falconer, 13 man formal shot 'original boys'
16			Gag shot..."on the bus"
17			Formal shot of snare and tenor drum line.
18			Optimist Bantam Corps, formal pose, complete Corps.
19			Complete 2 Corps, Bantams & Optimists...73 boys!
20			Formal shot, close-up of some Bantams & Optimists.
21			Presentation to Optimists President at Union Station.
22			Complete Corps 'on the line' inspection, Hamilton, Sept.
23			Hamilton 'on line' close of show, flags & bugles up.
24			Hamilton Nationals, Jr. & Sr. Drum Majors receive Championship trophies at retreat.

total \$

total prints ordered -----

--

corps
m.o.